

# PEMF Benefits



Use the code TDC10S to get 10% off and free shipping on anything as well.

[https://healthyline.com/?wpam\\_id=3347](https://healthyline.com/?wpam_id=3347)

A few years ago a friend of mine kept telling me I should try this but I didn't want to spend the money until I could try it consistently for a few months because it takes about a week or two of consistent use to start feeling the benefits. I've been doing PEMF for about two months now after someone in California let me borrow their mat, which was a different brand but the same concept. After trying it I loved the results, love this company, and can't encourage people enough to get one for themselves. ESPECIALLY for those of us with spinal cord injuries. All of the benefits of it, which are clinically proven and there's many studies showing it, are things we

need. Granted each of these benefits are huge for everyone else as well!

You can see an extreme increase in blood circulation in this video (<https://youtu.be/4MAXLJ3em3U> fast forward to 2:10) which is important for removing toxin buildup in our body (autonomic dysreflexia, lactic acid buildup in our muscles causing spasms, bacteria buildup causing infections) increased blood flow even increases our motor function by allowing our axons to function properly which is why after using it I say it maximizes our functionality because it feels like I'm able to do as much as I should be able to do. You can read more on why this is scientifically at these links (

<https://www.nature.com/articles/nm.4331>

[https://onlinelibrary.wiley.com/doi/10.1002/bem.2198](https://onlinelibrary.wiley.com/doi/10.1002/bem.21983)

[3 https://pubmed.ncbi.nlm.nih.gov/2497929/](https://pubmed.ncbi.nlm.nih.gov/2497929/)

<https://pubmed.ncbi.nlm.nih.gov/8313945/>

)

Not to mention for all us men, 80% noticed drastic improvements in ED symptoms and the other 20% only had minor improvements because of dealing with influenza.

(<https://pubmed.ncbi.nlm.nih.gov/12008861/>)

I learned as much about it as I could at these links which were a really good nonbiased website where a doctor explains all the benefits of PEMF while at the same time giving reviews of a lot of the products promoted out there and ultimately was why I chose this brand. Along with some really good links for some clinical studies

on PEMF.

(

<https://www.pemfadvisor.com/what-is-pemf-therapy/>

[https://www.pemfadvisor.com/pemf-machines-reviews](https://www.pemfadvisor.com/pemf-machines-reviews/)

[/ #Reviews of PEMF MachinesMatsDevices](#)

[https://www.pemfadvisor.com/healthyline-platinum-pemf-mat review/](https://www.pemfadvisor.com/healthyline-platinum-pemf-mat-review/)

[https://www.pemfadvisor.com/healthyline-platinum-pemf-mat review/#Does Science Support HealthyLine8217s PEMF Claims](https://www.pemfadvisor.com/healthyline-platinum-pemf-mat-review/#Does_Science_Support_HealthyLine8217s_PEMF_Claims)  
s )

If you like it as much as I do and want to try it I highly recommend HealthyLine products. The Platinum Pro line ranges in price \$1000-\$2500 based on size but it gives you more customization and personalization in PEMF settings so that you can tailor it to your body. But they also have much cheaper options available as low as \$500 if you don't want to get too technical. Use the code TDC10S to get 10% off and free shipping on anything as well.

<https://healthyline.com>

Hope I was able to give you all the information you need!